

Our team of Allied Health Practitioners are passionate about helping our clients gain access to the **best outcomes** for their future.

In order to provide optimal patient care, our practitioners work in **collaboration** with families and carers to ensure both **treatment** and management are successful.

Through implementation of exercise treatments, our patients achieve more **day-to-day** independence, become involved in a community (both local and within TMS) and **increase** their overall quality of life.



### **GET IN TOUCH**



## INFORMATION

Our fully-equipped gym has a disability accessible entrance and bathroom.









admin@themovementstandard.com.au



### **OUR LOCATION**

**EMAIL** 

1/41 Park Road, Milton, 4064







### **DISABILITY ALLIED HEALTH SERVICES**

We provide Exercise Physiology, Physiotherapy and Dietetics services to clients with chronic conditions and disabilities

#### OUR SERVICES

# ALLIED HEALTH FOR DISABILITY

Our **multidisciplinary team** work together so clients can **manage exercise**, **pain** and **diet** conveniently at one location.

No matter what a client's **condition** is, what their **goals** are or where they are starting from, our **Exercise Physiologists**, **Physiotherapists** and **Dietitians** help each and every person they treat **raise their standards** and achieve more **positive outcomes** in life.





# EXERCISE PROGRAMS

### CONDITIONS

Our team have extensive clinical experience treating **all ages and abilities:** 

- Acquired Brain Injuries
- Alzheimer's Disease
- Autism, ADHD, GDD
- Cerebral Palsy
- Down Syndrome
- Multiple Schelrosis
- Professional and Recreational Athletes
- Spinal Cord Injuries, and more



ALL PARTICIPANTS WELCOME

# BENEFITS OF Exercise

Work with the professionals **most qualified** to help **maximise functional capacity** and **independence** by improving:

Mental health and wellbeing

#### Mobility and physical function

Cognitive and social skills